JetPeel 高速水氧仪治疗寻常性痤疮痊愈后
遗留色素沉着斑临床观察

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【摘要】目的：观察 JetPeel 高速水氧仪治疗痤疮痊愈后遗留色素沉着斑的疗效。方法：将入选的 60 例寻常性痤疮痊愈后者随机分为两组，每组 30 例，治疗组予 JetPeel 高速水氧仪治疗，每次 10～12min，每间隔 3 天治疗 1 次，10 次为 1 个疗程，共 2 个疗程，同时维生素 C 片 0.2g 口服 3 次/d，共 2 个月；对照组予维生素 C 片 0.2g 口服 3 次/d，共 2 个月。两组均疗程结束判定疗效。结果：患者两
侧面部、下颌部色素沉着斑颜色变淡、面积缩小或消失。治疗组和对照组患者的痊愈率为 33.3% 和
10.00%，差异有统计学意义 (P < 0.05)；治疗组和对照组有效率为 80.00% 和 46.67%，差异也有统计学意义 (P < 0.01)。结论：JetPeel 高速水氧仪联合维生素 C 片口服治疗痤疮痊愈后色素沉着
斑疗效显著。

【关键词】JetPeel 高速水氧仪；痤疮；色素沉着

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Clinical Observation on Hyperpigmentation Secondary to Acne Treated by JetPeel High-speed Water Oxygen Spray

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【Abstract】Objective To explore the efficacy of water oxygen spray combined with vitamin C in the treatment of hyperpigmentation secondary to acne. Methods A clinical observation was performed in 60 patients with hyperpigmentation secondary to acne. They were divided into treatment group (30 cases) and control group (30 cases). The treatment group was treated with water oxygen spray (10～12min/time, once every 3 days) and oral vitamin C tablets (0.6g/day). The control group was treated with oral vitamin C tablets only. Both two groups were treated for 2 months. Results After treatment, the hyperpigmentation on the cheek and mandibular got improved in color and size, or disappeared. The cure rate was 33.33% in the treatment group and 10.00% in the control, while the total effective rate was 80.00% and 46.67% respectively, which had significant difference (P < 0.05), as well as those total effective rate (P < 0.01). Conclusion It has significantly effective for water oxygen spray combined with vitamin C in the treatment of hyperpigmentation secondary to acne.

【Key words】 Water oxygen spray; Acne; Hyperpigmentation